TRANSPORTATION RESOURCES



American Cancer Society: Road to Recovery
Provides rides to and from treatment for people with cancer who do not have a ride or are unable to drive themselves

GoGo Grandparent
Provides on-demand Uber and Lyft rides for older adults who may not have access to a mobile phone. Fees and costs apply.

Lifeline Pilots
Coordinates free air transportation for passengers with medical or humanitarian needs far from home

Senior Ride Nashville
Provides affordable rides to residents of Davidson County who are 60 and older

TennCare Transportation
Offers free rides to medical appointments for Tenn Care members who don't have access to transportation. Rides must be scheduled at least 72 hours before appointment times.

BlueCare: **(855) 735-4660**

TennCare Select: **(866) 473-7565**

UnitedHealthCare: **(866) 405-0238**

Wellpoint: **(866) 680-0633**

Questions to consider:

1. Do you have a valid health plan that includes transportation benefits?
2. Have you reached out to your insurance provider to see if they can arrange your ride by the time you need it?
3. Are there any family members or friends who can give you safe and timely rides to your appointments?
4. Is public transportation an option for you?
5. Have you explored local community services or churches, synagogues or temples that may offer help you with rides?